



A Loving Legacy

March 2008

Sheridan Senior Center Endowment Fund

It's All About Family

Three years ago, Sally Weerts moved to Sheridan from Kankakee, Illinois. She had spent her life in Illinois. Sally grew up on a farm tending to the chickens and helping with chores. She was an outside girl and loved to climb the windmill where she would nap on the platform. Sally was a homemaker and raised six children. Her children have grown and have moved across the country to Washington, Texas, Wyoming and as far away as Australia.

Sally's daughter Beth Manthai, felt that her mother needed a bit of help and decided to move her to Sheridan, taking on the role of caregiver. One noticeable difference she saw in her mother, while playing a game of Scrabble, was her inability to put words together. Through diligence and devotion, Beth continued to encourage her mother to work at Scrabble.

Sally and Beth began attending the congregate meals program at the Center. They enjoyed eating together at the Center and playing a game of Bingo. They first heard about the Day Break Elder Care Services through the Senior Center newsletter and then later from a caregiver that used the program for her father. Sally was thrilled with the idea of being a part of Day Break and wanted to attend.

Day Break has made a difference in Sally's life by giving her an opportunity to meet new people her own age. Sally looks forward to attending Day Break and can't wait to get through the doors. Sally says, "The staff at Day Break are friendly and make me feel at home and part of a family." She enjoys the mental challenges of the activities offered and excels at them. Sally also looks forward to Day Break outings to community restaurants, like the recent trip to the Tea House and a trolley ride out to Wyrano for lunch.

Beth has given up her job with the school system to be a caregiver for her mother. Beth feels that being her mother's caregiver is a wonderful opportunity. But with every great opportunity there can also be stress. Beth said, "Using Day



Sally Weerts & Beth Manthai

Break has made a difference for both of us, we have less worry and more freedom."

Beth does not feel guilty leaving her mom at Day Break because Sally enjoys it so much. The Day Break experience has provided Sally with an opportunity for growth and gives Beth a chance for well-deserved respite. It also gives Beth and her husband time to do things together alone.

Sally has become a force to be reckoned with on the Scrabble board.

Your Community...Your Contribution

There are a variety of ways you may help endow this or any of our other programs. We are happy to work with you and your financial advisors. Consider the following:

Monetary Gifts & Pledges: You may make a one time gift or pledge. A pledge enables you as a donor, to contribute a larger gift if it is spread over a period of time.

Gifts Made Through Your Will: While current gifts are needed, you are not limited to this form of giving. By making a bequest in your Will, you can help secure the future of services for senior citizens in Sheridan County.

Stocks and Bonds: Stocks, bonds or other forms of securities may have specific tax advantages.

Life Insurance: Life insurance policies that are no longer needed for family members can be assigned to the Senior Center and can easily make a sizeable contribution.

Other Forms of Giving: Includes personal items that can be converted to cash, life income plans and trusts, real estate, mineral rights, family business gifts and memorial or commemorative gifts.

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Quality of Life...Later in Life

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Sheridan Senior Center

"Quality of Life...Later in Life"

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For more information regarding how you can leave a lasting legacy please call the Executive Director, Carmen Rideout at (307) 672-2240.