

# Community and Service

• Volunteers are needed to deliver meals to shut-ins

**By Frances K. Foster**

*Staff reporter*

Volunteer drivers and substitutes are needed to deliver meals from the Sheridan Senior Citizens Center to shut-ins on Saturdays and alternate Sundays, said Home-Delivered Meals Coordinator Shirley Knisley.

Drivers deliver 130 lunches daily over 11 city routes, said Volunteer Services Director Nancy McKenzie.

They donate approximately one hour from a little before 11 a.m. to about noon and deliver between 12 and 15 meals in their own vehicles, Knisley said.

Drivers can volunteer to deliver from one to seven days a week, she said.

Businesses and service organizations can also volunteer and share driving duties among their employees or members, McKenzie said.

Volunteers over age 55 are eligible for mileage reimbursement from the federal Retired and Senior Volunteer Program, and all drivers earn one meal coupon at the center for each day they deliver, Knisley said.

In addition, Farmer's Co-op of Sheridan donates one-gallon coupons for gasoline to the center that are randomly distributed throughout the month to drivers, she said.

Anyone interested in volunteering can call McKenzie at 672-2240 or visit the center at 211 Smith St. to pick up an application.

Drivers must have a valid driver's license and proof of insurance, McKenzie said.



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Volunteer Tom Hurst delivers a midday meal to Sheridan resident Bob Gorski on Thursday. Hurst and his wife, Barbara, have been volunteers with the program since the early 1990s. "Volunteering your time is one of the most personally satisfying efforts that a person can do," said Tom Hurst.

Sheridan Senior Center kitchen employees (from left) Wendy Case, Sandy Stark, Kayleen McKinzie and Pat Morrison prepare meals for the center's Home Delivered Meals program Thursday. Volunteers deliver the midday meals every day of the year to people who can't easily leave their homes. The program was created in the mid-1970s by the Salvation Army and operated out of Sheridan Memorial Hospital.



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Volunteer Tom Hurst waits after knocking at the front door of a home near downtown Sheridan on his route delivering midday meals for the Sheridan Senior Center's Home Delivered Meals program Thursday.