



Center Stage

Putting a Spotlight on news you can use...

Board of Directors

Steve Harker
Leonard Hurst
Denise Holt
Sasha Johnston
Doris Moeller-Edwards
Susie Ponce
Wayne Ransbottom
Dr. Victor Yapuncich

Directors Emeritus

Darlene Elliott
Roman Skatula
Dr. Seymour Thickman

Phone Numbers

Main: 672-2240
Mini-Bus: 674-9272

Website:

www.sheridanseniorcenter.org

Inside This Issue

Home-Delivered Meals	2
Volunteers	2
Senior Olympians	3
Ed Barbula	3
Les Jayne	4 - 5
Oct—Nov Activities	5
Flu Clinic	
Beth Manthei and Sally Weerts	7
Family Caregiver	7
Month	8
LIEAP	8
New Faces at Center	9
Donations, Memorials, Operation Independence 2011	10-13
Estate Planning Seminar	11
Thanksgiving Holiday Hours	13

Mission Driven



When the Senior Center was incorporated in 1973, the founders did an excellent job of stating the purpose of the organization. “To promote and develop needed services for the elderly,...develop cooperation and coordination between organizations that serve older people, ...eliminate the duplication of services, and... seek funding to help meet the needs of the poor and older people in the area.” This purpose statement continues to apply today, however our mission statement has evolved.

“To celebrate, embrace and serve older adults for the betterment of our community!”

As a non-profit organization the IRS requires us to have a mission statement. More and more businesses, organizations, and even families and individuals are finding benefits in developing them.

There are a number of reasons why.

Mission statements identify what the entity hopes to accomplish and who is benefiting. It helps focus the work of the organization and sets a standard for evaluation.

Finally, a mission statement motivates and inspires people. It rallies people to accomplish the outcomes that the mission sets forth.

Let’s breakdown our mission statement - The Sheridan Senior Center’s work is to better our community by providing services to older adults.

By community, we mean Sheridan County. Older Adults we define as people 60 and over, however many of the programs we provide benefit people younger too.

We celebrate older adults, meaning we recognize, promote, lift up and applaud them.

We embrace - we fully accept, welcome and understand the importance of knowing older adults and elders.

Last, but not least, we serve, meaning we are here to be of help and support.

One of the most important things about a mission statement is that it helps an organization evaluate their success. Is the mission being accomplished?

Read on and see how we are doing it!

Celebrating Older Adults: Volunteer Spotlight

Dependable and caring volunteers deliver meals seven days a week, 365 days a year to homes of individuals who experience challenges and difficulties “getting out”.

Delivering meals with a smile, each volunteer is very important to for the well being of each person served; equally important is the minute or two of interaction each visit provides. The home delivered meals volunteer may be the only person the person receiving meals may see in a day.

Throughout weekdays, weekends and holidays; despite fluctuating gas prices and inclement weather, home delivered meals volunteers truly make it happen. A special “thank you” is extended to all home-delivered meals volunteers.

An extra special thank you to the following dedicated volunteers whose long-term commitment is truly fulfilling the Senior Center’s mission of serving older adults for the betterment of the community:

20 Plus Years

Bruce Burns, Nancy Drummond,
Ed Hammer Chevrolet Employees,
LeRoy Johnson, Kathy Kubsch,
Janice Nielsen, Donna Shelley

10 Plus Years

Jim & Lois Balkenbush, Joanie Bennet,
Wally Black, Tom Dixon, Norris & Dora
Davidson, Bill & Karen Githens,
Tom & Barbara Hurst, Harold Johnson,
Arlene Kane, Jeanne Konkel,
Esther McKenzie, Doris Moeller-
Edwards, Selmer Moeller, Frank &
Maggie Ridel, Barb Sare, Brad Tiffany,
Bob & Doris Watt

A Wyoming Winning Experience: 25th Annual Senior Olympics

The 2011 Wyoming Senior Olympics were held in Cheyenne August 10th - 13th. Participants from throughout Sheridan County brought home gold, silver and bronze medals in table tennis, pickle ball, canoe racing, billiards, basketball, golf, bowling, cycling, track and field events and triathlon.

Larry Thoney stated: “The Cheyenne hosts were extremely hospitable . They treated their “guests” well and we thank them for it.” Participants also reported it was a lot of fun meeting new people and they enjoyed the competition!

The 2012 Senior Olympics will be held in Cheyenne. If individuals 55 and better want to get involved they should contact one of the participants or the Senior Olympics website:

www.wyseniorolympics.com

Big travel plans for this winter? Consider switching your hardcopy Center Stage newsletter mailing to E-News! Contact us at sscc@fiberpipe.net to switch to the email copy of Center Stage!



Back Row: Dennis Powers, Jacky Jones, Darlene Felde, Pam Stevenson, Everett McGlothlin, Chuck Bailey
Front Row: Gary Joy, Roger Wilson, Marcyes Schmaus, Dan Felde, Ed Barbula, Larry Thoney
Not pictured: Doug Achterhof and Jeri Randel

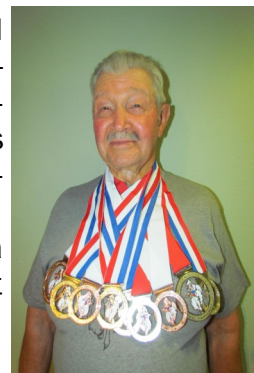
Meet Senior Olympic Medalist Ed Barbula

Ed Barbula was a participant in the first Wyoming Senior Olympics in 1987 in 10 events with six gold medals. Turning 80 this year has not slowed him down a bit as this year he medaled in nine events with four gold medals in Track and Field events and one gold medal in canoe racing.

Ed and his female partner got 4th in the time trials of canoe racing in the age

55 to 85! Of the event, Ed shares “doing something like the Senior Olympics is something to look forward to as we get older. I have always participated in things and it is very enjoyable for me.”

One motto Ed shares is: “Keep on a movin’ or you’re gonna lose what you’ve got!”



Les Jayne Creates Art With Knife And Wood



When Les Jayne retired as the Sheridan County grantsman and his health forced him to stop training horses a few years after that, he searched for another way to fill his time.

“My wife saw an ad in the paper that there was going to be a woodcarving demonstration at the library”,

Jayne said. “When I was there, they handed me a stick and a knife, and the rest is history.” After the demonstration, he became an avid student of woodworking. Over the course of time, he has taught himself how to create a wide variety of art pieces of basswood, butternut, oak, cottonwood, and other wood species. “I think he does a beautiful job, I just wish he has his own studio sometimes,” Les’ wife June, said laughing.

Les’ techniques include relief carving, bark carving, pyrography or wood burning, scroll saw work, and carving wood for canes. Les has at-

tended a week long woodworking workshop in Crete, NE, for the past five years. He is also a member of the Sheridan Artists’ Guild Et al and Woodcarvers of the Big Horns. He has works on display at the SAGE Gallery, which is located in the historic train depot on East 5th St. and is open to the public.

Les has expanded his interest in art by attending classes at Sheridan College, where he studied drawing, water coloring, and oil painting. In 2011, Les earned a place on the Sheridan College Part-time Honor Roll, a tremendous achievement.

Les has taught wood burning at the Sheridan Senior Center for 5 years. Depending on the interest, Les will be teaching a class on Pen & Ink drawing (re: page 4 in this edition of *Center Stage*). The Pen & Ink class will cover the pen & ink tools including contour lines, parallel lines, crosshatching, dots or stippling, crisscross lines and wavy lines. The class will be meeting on Tuesdays, 3:00 p.m. – 5 p.m., in Senior Center Art Studio.

Les also facilitates a Relief Carving and Wood burning class on Thursday afternoons at the Center from 2:00 to 5:00 p.m.

Sheridan Senior Center Activities

October–November 2011 (continued on next page)

	Activity	Day	Room	Times
Activities	Bingo	Every Tuesday & Friday & the 3 rd Sunday of each month	Dining Room	12:15 p.m.
Activities	Bridge	Every Wednesday & Friday	Ray Clark Community Room	12:30 p.m.
Activities	Dominoes	Every Tuesday & Friday	Dining Room	10:00 a.m.
Activities	Jam & Dance	4 th Friday	Dining Room	6:30 p.m.
Activities	Library	Last Wednesday of each month	Lobby	11-12:30 p.m.
Activities	Pinochle—double deck	Every Monday, Saturday and Sunday	Ray Clark Community Room	1:00 p.m.
Activities	Pinochle-single deck	2 nd & 4 th Thursday of each month	Ray Clark Community Room	12:30 p.m.
Activities	Reading Group	1 st and 3 rd Friday	Daybreak	12:30 p.m.
Activities	Senior Theatre	Every Tuesday	Ray Clark Community Room	9:30 a.m. NOTE NEW START TIME
Activities	SheridanAires - Choir	Every Thursday	Ray Clark Community Room	10:00 a.m.
Activities	True Colors Free Manicures	3 rd Wednesday (30 minute appointments)	Art Studio	1:00 p.m.
Community Meeting	AARP	No meetings in June, July and August	Dining Room	5:30 p.m.
Crafts and Hobbies	Crafts	Every Tuesday	Art Studio	1:00 p.m.
Crafts and Hobbies	Pen and Ink Drawing NEW!	Six week course Tuesdays beginning Sep. 6 Les Jayne, Instructor	Art Studio	3:00 p.m.
Crafts and Hobbies	Watercolors	RESUMES OCTOBER 4 Gail Sidletsky at 672-8284 for more information	Art Studio	Tuesdays and Thursdays 10:00 a.m.
Crafts and Hobbies	Wood Burning	Every Thursday	Art Studio	2:00–5:00 p.m.
Crafts and Hobbies	Wood Carving	1 st & 3 rd Saturday	Art Studio	9:00 a.m.
Crafts and Hobbies	Writers	3 rd Thursday of each month	Art Studio	2:00 p.m.
Dance	Line Dancing	RESUMES THURSDAY, SEP. 8	Dining Room	1:30 p.m.
Dance	Tap Dance Class	Every Tuesday	Dining Room	1:15 p.m.

	Activity	Day	Room	Times
Education	Defensive Driving	2nd Tuesday & Wednesday of the month (fee may apply)	Ray Clark Community Room	1:00 p.m.
Exercise	Basic A.M. Moves NEW DAYS AND TIMES!	Every Monday and Wednesday (suggested donation: \$1.00 daily)	Ray Clark Community Room	9:30 a.m. 10:00 a.m.
Exercise	Creaky Yoga	Every Thursday (suggested donation: \$56.00 for 8 weeks)	Ray Clark Community Room	5:30 p.m.
Exercise	Functional Fitness	Every Monday & Wednesday (suggested donation: \$2.00 daily)	Dining Room	5:30 p.m.
Exercise	Table Tennis	Monday, Wednesday, Friday	Dining Room	1:00–3:30 p.m.
Exercise	Tai Chi exercise	Every Tuesday	Ray Clark Community Room	8:30 a.m.
Exercise	Yoga	Every Thursday	Ray Clark Community Room	5:30 p.m.
Exercise	Cardio Dance NEW NAME !	Every Monday	Dining Room	9:00 a.m.
Health and Wellness	Westview Presentation	4th Thursday (every other month)	Conference Room	12:30 p.m.
Support	Parkinsons Support Group	Every Monday	Day Break	5:30 p.m.
Support	Caregivers Support Group	Every Monday	Conference Room	10:00 a.m. 5:30 p.m.
Support	MS Support Group	Last Saturday of each month	Ray Clark Community Room	10:00 a.m.
Support	NARFE	3rd Tuesday	Conference Room	11:30 a.m.
Support	Visually Impaired	4th Tuesday of each month	Ray Clark Community Room	12:30 p.m.

FLU CLINIC

At the Center

Friday, OCT. 7

8:00 a.m.—Noon

Register the day of the clinic

(no pre-registration required)

Thanks to **Barb Berrum, Joyce Muller, Joyce Forry** and all the **volunteers** who personally recovered the red chairs in the Ray Clark Community Room. These ladies purchased and donated the material plus volunteered their time to recover worn chairs. Your gift means so much!!!

~ Jane Perkins

First Federal Savings Bank is now paying

for round-trip bus rides for their clients of all ages to come to the bank for their banking transactions.

For more information, call 672-9272

Celebrating Older Adults: Special Activities

Craft Room Fall Cleaning Sale

In the Lobby
211 Smith Street
Tuesday October 11,
10:00 a.m.—1:00 p.m.

Veterans Interviews

Friday, October 21
10:00 a.m.—3:00 p.m.
Conducted by
Margaret Pilch, PhD
Biographies and photos will be taken for the Senior Center's 'Wall of Honor' Display in the lobby at 211 Smith Street

WYO THEATER

"How to Succeed in Business without Really Trying"

Tickets available at the front desk of the Senior Center
Thursday, October 13

Suggestion ticket donation: \$14

Performance date:
Sunday, October 30
2:00 p.m. matinee

Need transportation?

Reserve the mini-bus at 672-9272

By Friday, Oct. 28

Conversations in History

October 12

"The State of Absorka"

Focus on Sheridan County in the 1930's

November 9

"Sheridan Before and After WWII"

10:00 a.m.

Conference Room

No charge • Open to the public

TEAM FIT DAY

Monday, Oct. 24

Members of all fitness classes invited to celebrate their dedication to staying fit with coffee and breakfast snacks

8:30 a.m.—9:00 a.m..

Everyone invited to participate
Class instructors will demonstrate class techniques beginning at 9:00 a.m.



NOVEMBER JAM AND DANCE

NOVEMBER 18th
6:30 p.m.—8:30 p.m.

JOY RIDE BY WAY OF HIGHWAY 14 DAY TRIP

Tuesday, October 18

Departure Time from 211 Smith Street: 9:00 a.m.

Tour to Ucross then to Buffalo for lunch at the Sagewood
Cruise through Story and home again.

Cost for transportation: \$ 5.00

Lunch: extra

Sign up by October 14

POOL TOURNAMENTS

Sat. Oct. 29, 9 a.m. Sheridan, singles, coed, dbl elimination

Wed., Nov. 2, 9:30 a.m., TRVCC, singles, coed, dbl. elimination

Sat. Dec. 10, 9 a.m., Buffalo, dbls, coed, dbl. elimination

DAY TRIP

Thurs, Nov 10
Casper

Nicolaysen
Museum

Departure from Senior Center:
9:00 a.m.

Lunch at Appleby's
Bus cost:\$7.50

Lunch: Extra

Sign up by Nov 4th

"Writers Podium"

Thursday, October 20th, 12:30 p.m.

Short stories and such written and shared by the authors themselves. It's Free! Writers include: Abbie Taylor, Chris Valentine, Duane Portwood, Rose Hill, Bruce F.. Anderson, Rosie DaBell, Jean Malone, Aaron Holst, Treva Lannan, Ruth Goodenough

Blue Grass

OPEN MIC NIGHT

3rd Tuesday of each month

7:00 p.m. Dining Room

No charge • OPEN TO THE PUBLIC

Permit Yourself Time to Create Great Memories



Author Beth Manthei with mother, Sally Weerts

"I encourage every caregiver to take a closer look at what Day Break has to offer."

~ Beth Manthei

What a blessing! That's how I feel about our Senior Center and Day Break.

My mom, Sally, was 87 when I moved her here from Illinois six years ago. The move improved her health. Together, we made sure Mom enjoyed Wyoming's fresh air and sunshine. We did activities to build up her muscle tone. Over time, she was able to walk around our block. We'd laugh when I'd tell her that her mental file cabinet drawers full of thoughts and memories were stuck and needed lubrication. My husband, Jay, helped whenever he could and all went well that first year.

Then I started feeling the stress of a caregiver. Was I doing enough with my mother? Was she getting the right stimulation? Was I getting the breaks I needed?

That's when I discovered Day Break. It was a relief for me to find a place where my Mom can enjoy time with her peers and receive mental, physical, and social stimulation. Mom doesn't just receive attention from Day Break. She's an active participant and contributes her own

unique life's experiences. Mom has opened up her mental file cabinet and is able to share stories of over 90 years of experience and knowledge. She is a walking encyclopedia and dictionary, acting as advisor and instructor for the Day Break staff and remains eager to learn. She is the driving force for expanding Day Break's knowledge on trivia, history and the correct pronunciation of words. Day Break activities have helped keep her brain active and engaged. It has become my Mother's place to be a part of something and belong. She has taken ownership. I can rest easy knowing that Mom is with friends and being cared for.

I encourage every caregiver to take a closer look at what Day Break has to offer. You get a needed "break" from each other, and that time apart can make those times together a lot sweeter and those are the times you want to remember.

November is National Family Caregiver Month

A Presidential Proclamation was signed by our President on October 29, 2010 declaring November as National Family Caregiver Month.

More than 65 million people (29% of the U.S. population) provide care for a disabled or aged family member or friend during any given year. There can be a tremendous impact on family caregivers health—they often ignore their own needs to care for their loved one.

Please remember that the Family Caregiver Program at the Senior Center can help you. We have programs designed to help you stay healthy while you are being a caregiver. Call Stella Montano, Family Caregiver Director at 672-2240 for more information regarding the caregiver programs.

"The Sheridan Senior Center is one of the most important all-encompassing services in the community. It is great! My mother was in Day Break at times and she really enjoyed it; Sam Mavrakis loved it too! It is one of those kind of things that makes Sheridan special. Just knowing that days are brightened and made more meaningful makes a difference. There is so much to do there!"

Homer "Scotty" Scott

Consider getting the Center Stage E-News. Contact us at sscc@fiberpipe.net to switch to E-News

Embracing Older Adults

Stay Warm This Winter by Mary Anderson



"I try to tell everyone about the good assistance information the Sheridan Senior Center provides. I don't know where we would be without the Senior Center."

~ Loretta Salstrom

Where would we be without the Sheridan community helping us spread the news about the programs that are offered to help individuals in need?

According to a study, good old fashion face to face talking is still the most effective way to get the word out.

Starting in the month of October and ending February 28th 2012, the LIEAP (Low Income Energy As-

sistance Program) will be accepting applications to assist people in paying their primary heating source bill.

If the household is facing a crisis situation such as utility deposits, propane tank sets, disconnect notices, or out of fuel for propane, home heating oil, wood or coal, the LIEAP may be of assistance.

Weatherization of your home is another way the LIEAP can help.

Don't go it alone and stay warm!



For applications and assistance in completing them, please contact Mary Anderson at the Sheridan Senior Center. Tell, ask and remind family and friends about the LIEAP.

Medicare Part D Enrollment Starts October 15 by Mary Anderson

Being able to speak with someone face to face about Medicare helps individuals understand and feel confident in their decision making when it comes to insurance. It is one of the services that the Sheridan Senior Center provides and it enables individuals to be independent.

Medicare open enrollment this year is October 15th to December 7th. This is a good time to take a look at your current Medicare Part D plan (prescription insurance) and to see if it is providing the best benefits for you.

At the senior center we can help you compare your prescription coverage with the different plans offered in the Sheridan area. The information is discussed with you; if you wish to change coverage, we can enroll you in a new plan.

For individuals not enrolled with a current Medicare Part D plan, this is the time to do so. This is the time to un-enroll if you are not happy with your MediCare coverage.

Two commonly asked questions regarding Medicare:

When can I enroll in Medicare?

You are automatically enrolled when you become 65 years of age. For Medicare Part D and Medicare Advantage (Part C), initial enrollment is 3 months before, during and 3 months after the month you turn 65 years old.

What if I miss the enrollment period?

If you choose not to take Medicare due to the fact that you are working and have coverage with an employer, you may enroll with Medicare up to three months after you are no longer working. You can also enroll January through March with an effective date of July 1.

Make an appointment with Mary Anderson at the senior center to discuss Medicare.

Welcome Carolyn Cox, Meals Program Director



Carolyn Cox

Q: Carolyn, welcome to the Senior Center. Tell us about your experience working in the food service industry.

A: I have a culinary degree from Western Culinary Institute in Portland, Oregon. My culinary degree is in general chef training. Western Culinary is a Le Cordon Bleu school.

Q: After graduation, what was your first job?

A: I graduated in 2002 with my culinary degree. After school, my first job was working as a sous chef for banquets. *(editor comment: a sous chef is the second-in-command in a professional kitchen and is the executive chef's right-hand person).*

The company I worked for was based at the Eagle Crest Resort in Redmond, Oregon and we provided breakfast, lunch and dinner services throughout Bend and Portland. So, I can honestly say that I

have experience with preparing meals for large crowds.

Q: After your position as a sous chef, where did you work?

A: I moved back to Sheridan where I was a Food and Beverage Director for four years. My most recent assignment was as a line cook and then as the

kitchen manager and chef for the Sheridan Inn.

Q: Were you raised in Sheridan?

A: Originally, I was born and grew up on a ranch near Birney, Montana but I moved to Sheridan where I worked at the Spring Creek Mine for 10 years. An opportunity arose for me to pursue my interest in the culinary arts and I took it.

Q: What do you like to cook for yourself at home?

A: When at home, I love to bar-b-que. I invented my own bar-b-que sauce and that goes with me wherever I go!

Q: Is there anything else you would like to share about yourself?

A: I grew up on a ranch and definitely consider myself an outside girl. When I was growing up, I barrel raced and competed in pole bending. I own four horses and a Brittany spaniel.

Q: Carolyn, what do you see as one of your first priorities in your new position here at the Senior Center?

A: This will be a learning experience for me as I move from restaurant cooking to meal preparation with a focus on healthy eating and good nutrition.

Carolyn Benepe, MS, RD, continues at the Senior Center as the Center's Community Nutrition Director.

Thanks,
Carolyn!

From Board of Directors to Financial Director



Dan Alsup,
Financial Director

Q: Dan, you were on the Senior Center's Board of Directors. You recently were hired as the Center's new financial director. The change required your resignation from the board. Given this, what do you find appealing about the new position?

A: "I think the Senior Center is one of the more impactful organizations in Sheridan and I am proud to be a part of it."

Q: What do you see as some of your talents that you bring to the position of Financial Director?

A: "I have experience as a commercial banker, a bookkeeper and most recently as the financial director for the Sheridan YMCA. I have a bachelor's degree in civil engineering and a Mas-

ters in Business Administration, both degrees from the University of Wyoming. While I was working toward my MBA, I worked on campus in the Department of Agriculture and Applied Economics."

Q: What is your first priority in your new position as Financial Director here at the Senior Center?

A: "My immediate goal is to learn the staff and their positions. I also want to find out how I can maximize my contribution to the organization"

Q: Anything else you would like to share with our readers?

A: "Every day it's a surprise what all the Senior Center does and the number of people it serves".

Welcome, Dan !

Kathy DeMond continues at the Senior Center in the position of Accounting Specialist. Thanks, Kathy!

Donations

Received July 1 through August 31, 2011

PAGE 10

Activities

Sheridan Memorial Hospital

Center Stage Newsletter

Lyle Hammond

Chore Services

E.C. & Edith Gwillim Memorial Fund

Day Break

Carol and Ed Wilson

Donor Video Project

Barb Daugherty

Emergency Fund

Senator Bruce Burns

Employee Giving

Mary Anderson

Jean Harm

Sally McGary

Stella Montano

Jane Perkins

Carmen Rideout

Dorothy Simon

Dwight Thompson

Riva Trott

Endowment Fund

Linda and Demetrius Gostas

Family Caregiver Program

Barb Daugherty

Charles and Bonnie Harris

James and Ruth Townsend

Real Estate Systems of Gillette, Inc.

General Donations

Atlas Chiropractic

Battelle

Senator Bruce Burns

Thomas Bury

Mack Chase

Joan Christensen

Sheila Flynn

The Vernon S. and Rowena W. Griffith
Foundation

Vieva Jeffers

Johnson Sheridan County
Pioneer Association

Scott Davis and Mary Ludemann

Forrest Mars

MDU Resources Foundation

Montana-Dakota Utilities Co.

William Porter

Beverly Rawlings

Maxine Shosten

Floyd Tennell

Justin and Rindy West

Home-Delivered Meals

Mich Anderson

Wally Black

Carole Conrad

Chuck and Nora Gazdik

Susan Huber

Don and Louise Knievel

Selmer Moeller

Barbara Sare

Gunnar and Sylvia Warpness

Rotary Club of Sheridan

JC Penney Employee Donations Home Delivered Meals

Anonymous

Shelly Barbula

Randy Reinemer

In Home Services

Powder River Energy Corporation
Foundation

Loan Closet

Darrell and Sharon Barnett

Cindy Butler

Tim and Kathleen Corley

Wilma Harper and Katherine Pickerel

Roy Prazma

Meals Program

Marcelee Nelson

Albertson's

Cloud Peak Energy

Johnson Sheridan County Chapter of
Thrivent Financial for Lutherans

Meals Program: 4H Youth Live- stock Sale In-Kind Donations

Beneterra, LLC

First Christian Church

Dave Hupert—First Interstate Bank

Jeremy Bland—Interior Images

Justin and Rindy West

Brian Bolten—KWN Construction, LLC

Mike and Pam Winterholler

Parkers Glass

Ken Thorpe—Powder River Heating and
Air Conditioning, Inc.

Dan Black—Zowada Plumbing

Senior Day

First Interstate Bank



Donations

Received July 1 through August 31, 2011

Transportation

Ann Barnett
Sandra Belus
Mark and Teri Dick
Just Today AL-ANON
Paul R. and Anna Lee White Family
Charitable Trust

Operation Independence 2011

Judi and Tom Adams
Ed and Joyce Adler
Marvin Barbula
Ann Barnett
Barbara Belus
Joan Bentzen
Maria Black
Bob's Pest Control
Elisa Brandt
Eva Burton
Anne Byrtus
Mo and Barbara Campbell
Mark and Teri Dick
Velma Drake
Eloise Edwards
Blanche Ekwall
Margaret Ellenwood
Jim and Jeannie Eman
Bill Emery
Glenn and June Fairbank
Robert and Jane Ferril
First Interstate BancSystem Foundation
Fletcher Construction
Dennis and Willie Frisbie
Doyle and Jaci Fritz
Alice Fuller
Richard and Elaine Garber
Ann Gorzalka
Grateful Hearts Foundation
Edward and Victoria Green
Gene and Carolyn Griffith
Ethel Hansen
Genella Haugen
Denise Holt
Bob Huff
Harvey and Lenora Hunt
William and Deborah Huppert
Ronald Jarchow
Vieva Jeffers
LeRoy and Inez Johnson
Sasha and Christopher Johnston
Paul and Betty Jolovich

Operation Independence 2011

June Kibben
Darlene Kiester
Erwin Kubsch
Jack and Kathy Landon
Jack and Ann Landon
Rossiter and Noemi Langhorne
Treva Lannan
Don and Joanne Larsen
Nina Mae Legerski
John and Christine Legler
Darrel and Kathy Leno
Anna Love
William and Alice Lowe
George and Susan Lunbeck
Katy and Ray Lupton
Betty Matthews
Judy Miller
Ron and Renetta Mischke
Helen Mitchell
Betty Mittelstadt
Doug and Pamela Moore
Dennis and Nancy Nelson
N.A. and Ellen Nelson
Jim and Barbara Niner
John and Virginia Patton
Kay Pearson
William and Cynthia Phillips
Lollie Plank
Lillian Pysher
Rodney and Danielle Reel
Sharon Renner
Bret and Bonnie Rhinesmith
Bob and Evelyn Roush
John and Frances Ruzicka
Harry and Pearle Schultz
City of Sheridan Fire Department
Sheridan County Title Insurance Agency
Sherwood Group, Inc
John and Deloris Siebert
A.J. and Ann Slepitis
Elaine Small
Pat Smith
Eugene Songer
Daryl and Marcia Stechon
Mary Lee Stopka
Carol and James Swartz
Toinette Taylor
Jean Thies
L. M. and Joyce Tippie
Steven and Patricia Tobl

Operation Independence 2011

James and Ruth Townsend
Christine Valentine
Dick Warren
Roger and Fachon Wilson

Annual Estate Planning Seminar

Saturday, October 29, 2011

9 a.m. to 3 p.m.

- Wills and Trusts
- Mineral Rights
- Advanced Health Care Directives
- 2010 Estate Tax Changes
- Long Term care Insurance
 - Medicaid Eligibility
- Long Term Care Options

Joe and Arlene Watt
Agricultural Center
Sheridan College

RSVP to Tim Tarver
672-8905

"The Sheridan Senior Center is a wonderful place—you feel it when you walk in the door. You feel a real interest in each individual, and concern for meeting whatever need is present."

~ Ruth Goodenough

Harvest Moon Ball
Dayton Community Center
October 21



Memorials

Received July 1 through August 31, 2011

Aloris Lanners Memorial

Josie Schreibeis

Bernard Sare Memorial

Jo Bedsaul

Bevan and Sandra Broom

Jerry and Mary Brown

Charles and Elie Burr

Natalie Cornelius

Ron and Madonna Dailey

Barb Daugherty

Denise Edmonds

Andy Edmundson

Douglas and Mary Emme

Douglas Estes

Evelyn Fisher

Victor Garber

Ted and Sally Gillenwater

Dr. and Mrs. Gould

Gene and Carolyn Griffith

Dorothy Harper

George and Mary Harper

William and Lola Hauf

Tom and Barbara Hurst

Donna Jacobsen

Pat Killworth

Cliff and Jean Kimble

Walter and Mary Jane Legerski

Linc Energy Operations, Inc.

Darlene McNair

Betty Moffat

Bob and Carol Mulholland

Joyce Muller

Jim and Diana Nipps

John and Virginia Patton

Curtis and Linda Pinder

J.T. and Lindon Quinn

Jeanette and Paul Reinke

Richard and Effie Rexroat

Nancy Rogers

Helen Siegoski

John and Judith Slack

Mary Smith

Eugene Songer

Michael Songer

Jim and Carol Swartz

Virgil and Charlotte Walter

Betty Wantulok

Patty Warner

Noel Young

Mary Zingg

Betty M. Thomas Memorial

Thomas and Barbara Hurst

Bill Gardner Memorial

Ethel Byrtus

Douglas and Mary Emme

Tom and Barbara Hurst

Dippy King

Bob Blevins Memorial

Josie Schreibeis

Charles (Chuck) Graves, Jr. Memorial

Don DeLapp

Jean Foss

Norman and Eva Jeanne Holmes

Tom and Barbara Hurst

Edwin and Rose Marie Nicholson

Sheridan County Bar Association

Dorin and Joan McChesney

Helen Mitchell

Carl (Coach) Rollins Memorial

Tom and Barbara Hurst

Dennis McGlothlin Memorial

Tom and Barbara Hurst

Cliff and Jean Kimble

Doris Jordan Memorial

Danny and Nita Daniels

Dorothy Ellouise Davis Memorial

Tom and Barbara Hurst

Edward R. Schunk Memorial

Tom and Barbara Hurst

Evelyn Shelton Memorial

Dolly Barr

Shirley Clark

Ron and Madonna Dailey

Don DeLapp

R.C. and Joan Kalasinsky

Jeanette and Paul Reinke

Evelyn Shelton Memorial (continued)

Richard and Effie Rexroat

Barbara Sare

John and Mary Schwartz

Frank and Janice Sterbenz

Faye Turley

Shirley and Friends Weber

Darlene Williams

Gary Horst Memorial

Ethel Byrtus

Helen Rentz Memorial

Dorothy Harper

Jack and Connie Wilson

Jackie Spainhower Memorial

Barb Daugherty

Lee Elliott Memorial

Dippy King

Lois Masters Memorial

Connie James

LeRoy and Inez Johnson

Carol Masters

Jack Pelissier

Louis Gilbert (Gib) Leibinger Memorial

Tom and Barbara Hurst

Luella Worthington Memorial

Mike and Betty Finn

Lyndon Schwamb Memorial

Helen Mitchell

Mary Smith

Sy Thickman

Nellie Newcomer Memorial

George and Mary Harper



Memorials

Received July 1 through August 31, 2011

Prudence Grunkemeyer Memorial

Ethel Byrtus
Tom and Barbara Hurst
Gloria Stresky

Rachel Pelissier Memorial

Ron Dailey and Madonna Rowed
Paul and Mary Ella Hando
Janet Moffat
Sy Thickman

Robert Dean Brewer Memorial

Tom and Barbara Hurst

Roberta Cloyd Memorial

Cheryle Guth
Dorothy Harper

Rose Rotellini Memorial

Douglas and Mary Emme
Leta Helvey
Tom and Barbara Hurst

Sally Forbes Memorial

John and Charlotte Wunderlich

Stella Bocek Memorial

Mark and Tempe Murphy

Tony Nickel Memorial

Barb Daugherty

Virginia Demchok Doyle Memorial

Tom and Barbara Hurst

Willard L. (Bud) Geer Memorial

Tom and Barbara Hurst
Don DeLapp

William J. (Bill) McKee Memorial

Jim and Mitzi Weber
Tom and Barbara Hurst

THE SENIOR CENTER'S SENIOR COMPANION PROGRAM IS LOOKING FOR FELLAS TO BE COMPANIONS TO OTHER FELLAS

You know how much you value independence in your life. Now you can help others stay independent, too.

Please consider helping the Senior Center with its mission of serving older adults for the betterment of the community.

If you are 55 + and want to share your experience and compassion, you have what it takes to be a Senior Companion. It's that simple! Senior Companions offer friendship and support to isolated adults. It is an invaluable service which helps seniors remain independent and living in their own homes.

Along with other benefits, Income-eligible volunteers receive a modest tax-free stipend to offset the cost of volunteering that does not count against Social Security and other benefits.

Help Make Independence a Reality!

Please give Nancy a call at 672-2240 or stop by 211 Smith Street for a visit.

Join a dedicated volunteer team!

Holiday Hours

On Thursday, November 24 and Friday, November 25 the Senior Center is open with the following services:

- Mini-Bus
- Congregate Meals at 211 Smith Street
- Home-Delivered Meals

Many of our staff will not be in the office during the Thanksgiving Holiday but will be back on Monday, November 28. We appreciate you reserving bus rides and requesting meals for Thanksgiving holiday service by November 21 so as to ensure your requests are met.

Look for the fall edition of the Loving Legacy Endowment Newsletter coming to your mailbox soon!

The newsletter will have articles from your community friends, tips on charitable year end giving, how to provide for your family and still satisfy your charitable goals and much, much more.

If you aren't already on our mailing (hard copy or email) list, let us know and we'll get a copy coming your way!

Email Rindy West at developdir@fiberpipe.net or call Rindy at 672-2240.

Help the Senior Center "be green". Over 130 newsletters were returned last fall and winter season. Consider switching to the Center Stage E-News! You can stay current on Senior Center news from any location via your email. Contact us at sscc@fiberpipe.net



Sheridan Senior Center

"Quality of Life...Later in Life"

211 Smith Street • Sheridan, WY 82801

Return Service Requested

NON PROFIT ORGANIZATION

U.S. Postage Paid

Sheridan, Wyoming 82801

Permit #41

Phone: 307-672-2240

Fax: 307-674-9866

Email: sscc@fiberpipe.net

www.sheridanseniorcenter.org

HARVEST MOON BALL 2011

Friday October 21, 2011

Dayton Community Hall

Chicken Dinner - Served at 6:30 p.m.

Music & Dancing - From 7:30-9:30 p.m.

MUSIC PROVIDED BY

BANDANA

Suggested donation \$6.50 per person

(children under 12 free)

RSVP to Senior Center @ 672-2240 or TRCC Dayton @ 655 - 9419

Transportation request for Sheridan and Tongue River Valley residents should call 674-9272 (donations appreciated!!)



This event sponsored by the Sheridan Senior Center.

Thanks to TRCC Dayton, and the many volunteers

Consider "going green" with your Center Stage newsletter! You can have the newsletter emailed to you or you can access via the Senior Center website. For E-News, email sscc@fiberpipe.net