

Senior Sportsmen

- Local men compete in National Senior Olympics



Courtesy photo

By Janet Donoho

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Dave McClintock of Sheridan and Ross Langhorne of Story competed in the National Senior Olympics at Stanford University in Palo Alto, Calif., on Aug. 1-15.

Each athlete qualified for nationals in the July, 2008 Wyoming Olympics in Sheridan.

McClintock (**above**) plows through the ocean waters in San Francisco Bay for the 400-meter swim, one of his triathlon events. A 20K bicycle ride and a 5K run rounded out the event.

McClintock placed 66th out of 140 participants and 10th out of 15 in his age group (65-69) in the event. Of his time in California, McClintock said, "It was a wonderful experience competing with peo-

ple from the entire country. It was certainly fun — and a lot of work. Funny to think of this old boy from Wyoming swimming in the ocean."

Langhorne (**right**), powers toward the finish line in the 40K road race, finishing 18th among 20 competitors in his age group (70-74). Langhorne also participated in the 5K (21st), 10K (20th) and 20K (15th) road races.

Langhorne, who has only been competing for two years, said he was honored to be in the national event.

"It's a bit mind-blowing to see the level of expertise that the best of the best bring to the party, not just cyclists, but all the athletes, men and women.

"It's staggering how excellent the competition is and how professional they are. It's delightful, exciting and daunting. I have a lot to work on to catch the crowd, but that's my goal."



Courtesy photo